

Marios Goudas is Professor of Psychology of Physical Education and Youth Sport at the University of Thessaly, Greece. He has a Bachelor's degree from Aristotle University of Thessaloniki (1991) and a Phd from Exeter University UK (1994). He has published more than 140 papers and book chapters in national and international journals including the Sport Psychologist, Journal of Applied Sport Psychology, Journal of Learning and Instruction and Learning and Individual Differences and seven books including the Greek National Curriculum for Grade 7 Physical Education. These works have received more than 10.500 citations. He has been awarded the University of Thessaly Distinguished Researcher in Social Sciences and Humanities award in 2013. His research focuses on the development and assessment of generalizable life-skills and self-regulatory skills programs in physical education and youth sport. He has applied his research on work with young athletes and youth sport academies implementing programs for enhancing young athletes' life-long competencies and transferable skills.